



### Emergency Control Procedure (ECP) (8.608.4)

An Emergency Control Procedure (ECP) is the unanticipated use of a restrictive procedure in order to keep the person and others safe for unpredictable behaviors when the antecedent behavior is unanticipated and infrequent.

- ECPs/ physical restraints are discouraged and may not be used as punishment, for the convenience of staff, or as a substitute for services, supports or instruction.
- ABLE employees and contractors will always use the least restrictive interventions possible to ensure safety.
- ABLE employees and contractors are required to have crisis intervention training prior to any implementing any ECP.
- During a ECP/physical restraint, the individual in the restraint will be monitored to assure that their breathing and circulation are not compromised.
- ABLE does not endorse the use of physical restraints that include the individual being restrained laying on their back (supine position), or being restrained laying on their chest (prone position), as these may inhibit or impede the person's ability to breathe.
- ABLE recommends contacting the police, if possible, when an individual is engaging in actions that could be considered being a danger to themselves or to the safety others.
- If the police are called, tell the police dispatcher that the individual has a developmental disability. When the police arrive, tell the police arriving on the scene that the individual has a developmental disability.
- ECP should not exceed fifteen minutes, except only when absolutely necessary for safety reasons, backup shall only be provided by trained employees or contractors, and the person shall be released when the emergency situation no longer exists.
- If an ECP is used, an ABLE Program Manager or Director will be notified as soon as the situation is safe. Any injury will be reported as well.
- If an ECP is used, an incident report will be completed and filed with ABLE within 24 hours. The incident report will note the start and end time of when the procedure was used, a description of the procedure used, with an explanation of why it was used. Within three days after use of an ECP, the community centered board or regional center, guardian, and authorized representative if within the scope of his or her duties, shall be notified.